

SECONDARY EDUCATION – SUPPORT FOR LEARNERS AND TEACHERS

Services:

a) Student Learners

Individual Support and Counselling

Provide supportive counselling around a number of presenting issues, for example:

- Confidence and self esteem
- Sexuality, sexual health and relationships
- Stress management
- Peer pressure
- Managing conflicting and competing demands and pressures
- Depression
- Anorexia and bulimia
- Bullying
- Anti-social behaviour
- Utilising support services effectively
- Substance use and misuse
- Violence
- Stressful home environments
- Providing primary care for an ill parent and/or sibling
- Amongst other areas

Family supportive counselling

In certain instances it may be appropriate to include members of a learner's family in the counselling session.

Working in small groups

- Study skills
- Leadership training
- Public speaking
- "What does excellence and achievement really mean?"
- Post matric preparedness
- Assertiveness/marketing your talents and skills training
- Critical and lateral thinking skills
- Working with diversity and differentness
- Citizenship and social responsibility

Working in plenary sessions

I could provide workshops to a broader group of student learners i.e. the grade 10 group. These workshops would cover any of the aforementioned areas, or I could tailor workshops to your student learners' specific needs and requests.

b) Teaching Staff

I would be in a position to work alongside your pastoral care team and the teaching staff (life orientation and life skills). These services would include:

- Developing new and innovative life skills curricula
- Provide support to teachers who may, at times, feel overwhelmed by a specific incident – or the emotional and psychological pressures inherent in engaging with a large body of learners. This could be conducted at an individual level, or facilitated within a small group environment. This would afford teachers and opportunity to “offload” in a neutral and confidential “space.”
- Provide ongoing training for the teaching staff. These training programmes would cover those issues which impact upon the lives of your learners (above), or issues which have been raised directly by the teachers as a collective concern or issue.

c) Referral base

I would also serve as a referral source for both student learners and teachers. If I feel a particular issue is beyond my professional remit and expertise, I would refer a learner to an appropriate community service provider. This would be done in consultation with the relevant teacher and the young person’s family.

d) Evaluation and Feedback

As a professional I have always had a commitment to best and evidence based practice. Thus, part of my service would include monitoring and evaluating my services, learner and teacher evaluation and satisfaction audits, and feedback reports to the Principal and School Governing Body.

Details:

Venues: Sessions held at schools venue
Times: Scheduled to suit schools availability
Fees: Hourly, daily and retainer rates

Contact:

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